



# SOCCER CHAMPS®

## NEWSLETTER – January 2025

### Soccer Champs® CMD

1400 Buford Hwy.  
Ste. C2  
Buford, GA 30518  
SoccerChampsCMD.com  
(678) 482-2264

### Inclement Weather

*Soccer Champs™ follows the same cancellations for inclement weather as the county in which your child's school is located. Cancelled classes will be made up within 30 days of the cancellation. The makeup day and time will be posted in the lobby, and notices will be mailed to all students.*

### Holiday & Teacher Workdays

County schools throughout the metro Atlanta area have several teacher workdays scheduled which CMD does not observe. CMD will hold classes as scheduled on these days. As detailed in your registration brochure, CMD follows the same holiday closings as the county in which your child's school is located for Thanksgiving, Winter Break, and Spring Break only. Private schools and church enrichment programs may differ – at these schools, we follow their closing schedule.

### Eye/Body Coordination

Now that our Soccer Champs® have learned a lot about the concepts of offense vs. defense, the role of the goalie, and how to properly kick the ball with the “lace” part of the foot, we are working with them on some new skills.

Our coaches have been preparing the champs for “catching” the ball, without using their hands. Since at first, they are not prepared to have a kicked ball coming at them, we are doing drills that will help them prepare. The coaches throw a scarf

into the air, having the kids catch the scarf on their knee, head, and foot. It's amazing how this drill enhances motor skills and eye/body coordination, while also preparing them to manipulate a soccer ball in the field.



Because the champs are now familiar with offense and defense, we're working with them to give them preliminary skills at running to a position. Coaches use alternate colored bean bags as markers, and have the kids race into position.

As always, the coaches use creative games to keep the champs excited and engaged, and make sure they always have a blast. Of course, teamwork and good sportsmanship is always a part of their training as well.

### Soccer Champ Ball Skill Practice:



**Planted Foot Kick:** This is a drill that should be practiced often. Place the ball on the floor, and have the champ plant their non-kicking foot close to the ball, then kick – making sure to use the top, “lace” part of the foot. Having the foot planted near the ball ensures that they are in position to kick properly. Make a game of it by placing targets at various distances and angles, and award points based on accuracy.

**Avoid Late Fees - Use Automatic Monthly Drafts!**